

98.1 pod fm								
HR	Monday-Friday	Spoken Word Content (minute)	HR	Saturday	Spoken Word Content (minutes)	HR	Sunday	Spoken Word Content (minutes)
5:00	News Traffic Weather Sports Music/Morning talk	(4:30) (0:30) (0:20) (0:20) (2:00)	5:00	Music/DJ talk	(1:00)	5:00	Music/DJ talk	(1:00)
5:30	News Traffic Weather Sports Music/Morning talk	(4:30) (0:30) (0:20) (0:20) (2:00)						
6:00	News Traffic Weather Sports Music/Morning talk	(4:30) (0:30) (0:20) (0:20) (2:00)	6:00	Music/DJ talk	(1:00)	6:00	Music/DJ talk	(1:00)
6:30	News Traffic Weather Sports Music/Morning talk	(4:30) (0:30) (0:20) (0:20) (2:00)						
7:00	News Traffic Weather Sports my pod 7 @ 7	(4:30) (0:30) (0:20) (0:20) (1:00)	7:00	my pod 7 @ 7	(1:00)	7:00	my pod 7 @ 7	(1:00)
7:30	News Traffic Weather Sports Music/Morning talk	(4:30) (0:30) (0:20) (0:20) (4:00)	7:30			7:30		
8:00	News Traffic Weather Sports Music/Morning talk	(4:30) (0:30) (0:20) (0:20) (2:00)	8:00	Music/DJ talk	(1:00)	8:00	Music/DJ talk	(1:00)
8:20	my pod sports	(1:00)	8:20	my pod sports	(1:00)	8:20	my pod sports	(1:00)
8:30	News Traffic Weather Sports Music/Morning talk	(4:30) (0:30) (0:20) (0:20) (2:00)						
9:00	Music/DJ talk	(1:00)	9:00	News Sports Weather pod dirty 30	(4:30) (0:20) (0:20) (2:00)	9:00	News Sports Weather Music/DJ talk	(4:30) (0:20) (0:20) (1:00)
9:20	pod on the Street	(1:00)	9:20	pod on the Street	(1:00)	9:20	pod on the Street	(1:00)

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HR	Monday-Friday	Spoken Word Content (minute)	HR	Saturday	Spoken Word Content (minutes)	HR	Sunday	Spoken Word Content (minutes)
10A	Music/DJ talk	(1:00)	10:00	News Sports Weather pod dirty 30	(4:30) (0:20) (0:20) (2:00)	10:00	News Sports Weather Music/DJ talk	(4:30) (0:20) (0:20) (1:00)
11A	Music/DJ talk	(1:00)	11:00	News Sports Weather Pod dirty 30	(4:30) (0:20) (0:20) (2:00)	11:00	News Sports Weather Music/DJ talk	(4:30) (0:20) (0:20) (1:00)
12P	Music/DJ talk	(1:00)	Noon	Music/DJ talk	(1:00)	Noon	Pod dirty 30	(2:00)
1:00	Music/DJ talk	(1:00)	1:00	Music/DJ talk	(1:00)	1:00	Pod dirty 30	(2:00)
2:00	Music/DJ talk	(1:00)	2:00	Music/DJ talk	(1:00)	2:00	Pod dirty 30	(2:00)
3:00	Music/DJ talk	(1:00)	3:00	Music/DJ talk	(1:00)	3:00	Music/DJ talk	(1:00)
4:00	Music/DJ talk	(1:00)	4:00	Music/DJ talk	(1:00)	4:00	Music/DJ talk	(1:00)
4:20	Traffic	(0:30)						
4:50	Traffic	(0:30)						
5:00	News Sports Weather Music/DJ talk	(5:00) (0:20) (0:20) (1:00)	5:00	Music/DJ talk	(1:00)	5:00	Music/DJ talk	(1:00)
5:20	Traffic	(0:30)						
5:50	Traffic	(0:30)						
6:00	Music/DJ talk	(1:00)	6:00	Music/DJ talk	(1:00)	6:00	Music/DJ talk	(1:00)
6:20	pod on the Street	(1:00)	6:20	pod on the Street	(1:00)	6:20	pod on the Street	(1:00)
7:00	my pod 7 @ 7	(1:00)	7:00	my pod 7 @ 7	(1:00)	7:00	Talk to pod	(50:00)
8:00	you power the pod	(2:00)	8:00	you power the pod	(2:00)	8:00	you power the pod	(2:00)
9:00	Music/DJ talk	(1:00)	9:00	Music/DJ talk	(1:00)	9:00	Music/DJ talk	(1:00)
10P	Music/DJ talk	(1:00)	10P	Music/DJ talk	(1:00)	10P	Music/DJ talk	(1:00)
11P	Music/DJ talk	(1:00)	11P	Music/DJ talk	(1:00)	11P	Music/DJ talk	(1:00)